



WHAT SIZE AM I?

Here's How to Measure

1. WAIST MEASUREMENT:

Should be taken around the body at the height you normally wear your slacks. It is recommended to keep one finger between tape and body.

2. INSEAM MEASUREMENT:

Should be taken from the crotch to the top of your shoe.

3. SLEEVE MEASUREMENT:

Should be taken from your back at the center-base of your neck to the wrist.

4. CHEST MEASUREMENT:

Should be taken around the fullest part of your chest keeping the measuring tape under the arms.

Tingley Rainwear is generously cut to fit over the heaviest of work clothes.

JACKETS				
SIZES	CHEST SIZE	GARMENT CHEST MEASURE	JACKET LENGTH	SLEEVE LENGTH
S	36 - 38	46	29	33
M	40 - 42	50	30	34
L	44 - 46	54	31	34 1/2
XL	48 - 50	58	31	35
2XL	52 - 54	62	32	35 1/2
3XL	56 - 58	66	32	36
4XL	60 - 62	70	32	36
5XL	64 - 66	74	33	38

OVERALLS OR PANTS		
SIZES	WAIST	GARMENT INSEAM
S	32-34	28
M	36-38	29
L	40-42	30
XL	44-46	31
2XL	48-50	32
3XL	52-54	32
4XL	56-58	32
5XL	60 - 62	33

COATS				

SIZES	CHEST SIZE	GARMENT CHEST MEASURE	COAT LENGTH	SLEEVE LENGTH
S	36 - 38	46	48	33
M	40 - 42	50	48	34
L	44 - 46	54	48	34 1/2
XL	48 - 50	58	48	35
2XL	52 - 54	62	48	35 1/2
3XL	56 - 58	66	48	36
4XL	60 - 62	70	48	36

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